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It was my pleasure to have a rare opportunity to visit The Hong Kong Jockey Club Info Centre which includes anti-drug educational activities and some interactive case studies. Moreover, information about the



drugs which are liable to abuse is shown in the Agent area. Heroin, Dipipanone, Cannabis, and LSD are the examples. The medical use and the effects of abuse



are mentioned by the staff in a great detail. That the sharing section which is made by the lady ah Yan – who is used to be a drug abuser is really impressive. She told us her story and those side-effects that she experienced. Had it not been the real case, I wouldn't realize drug abuse brings irreparable side-effects to our physical

and mental health,

Whenever we come across difficulties and hardships, drugs are not the penicillin. We should ask teachers, parents and friends for help.

Remember :

Stand firm, know drugs out!

