

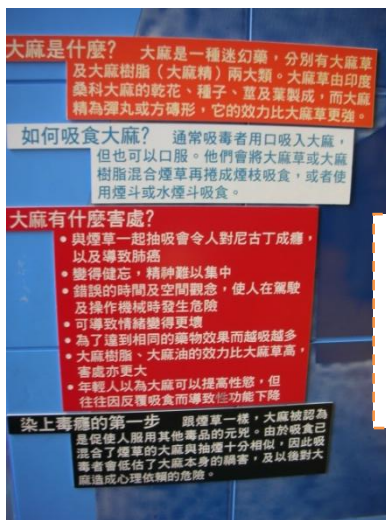
Chem - Life wide learning day reflection

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After attending the Jockey Club Drug Information Centre, I have learnt more about different types of drugs which are easily accessible in our daily life and also their side effects. In the first session of the visit, a speaker told us about the detailed information of each drug which is commonly found around Hong Kong, e.g. Ketamine, Cocaine and Ice etc. Various kinds of eating method of different drugs are also introduced.



These are the tools for people who take Cannabis.



The detailed information about Cannabis including its harmful effects and ways to eat this drug.

In the second session, we watched an interactive video which taught me the importance of decision making and never try drugs. After that, a girl called Yan who ate drugs for 7 years came and shared with us her experience of drug-taking. Her sharing was really touching and alert to me. This was the most attractive part of the whole visit and I knew that taking drugs can bring disastrous effects and thus I will never try it.

A photo of me taken at the end of the visit.

