

LIFE WIDE LEARNING DAY – Hong Kong Jockey Club Drug InfoCentre

Date of visit: 6/10/2010



Reflection:

When compared with other countries, drug abuse problem in Hong Kong is not serious. However, in recent years, the trend of psychotropic substance abuse is on the increase and the first-time usage is beginning at an early age. The centre is very interactive that it provides many multi media for visitors to learn more about the substances liable to abuse. Under the guide of the tourguide, we enriched our knowledge about different drugs, like depressants, hallucinogens, narcotic analgesics, stimulants, etc. Further more, a former drug user was invited to share her life experience. It is heartbreaking to know that one of the attributing factors for teenagers to resort to drugs is the lack of family love. Her experience taught me one thing – there are many solutions to obstacles in life, but never should we choose drugs to escape from the reality.