

2010-2010 Life-wide Learning Day – Jockey Club Drug Information Centre (Admiralty)

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When we arrived the centre today, the staff there started by introducing and explaining some drugs commonly used or abused by youngsters or adults in Hong Kong, and also the negative effects of abusing drugs. They include ketamine, cocaine, cough medicine etc. After the brief introduction of the staff, we watched a short video concerning the different attitudes and considerations of youngsters when they faced drugs. After that, there was a previously drug abuser sharing with us. She told us her 7-year experience of taking drugs with us.

The whole activity is really thought provoking. Chemicals ,on one hand, can benefit human beings by curing diseases; however, on the other hand, it can destroy one's life in all aspects if we overdose them.

