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On Life-wide Learning Day, we paid a visit to the Hong Kong Jockey Club Drug InfoCentre in Admiralty. The visit was divided into three sections: learning about the basic information of 10 types of often abused drug, watching a film about three teenagers facing drug temptation and lastly a sharing by a girl who abused drug before but had turned over a new leaf.

I found the drug infocentre very informative, the guide introduced us the component of drugs being abused and the harmful effects resulted. All of us were attracted and fascinated by the colourful and cyber exhibits.

Last but not least, I was very much impressed by the sharing from Yan (a girl who had taken drug for 7years), after learning her experience, I would never ever try drug as it would cause enormous bad consequences on my life and my health.

The arrangement of this day is very much appreciated and I enjoy the visit.