## **WONG CHUNG MING 7S (25)**

## Reflection

'Drugs can ruin your life' is what I have learnt on this life wide learning day. The most impressive part in this visit is the sharing of the victim of drug abuse. I used to think that the way how drug abuse can ruin one's life is only by worsening one's health. Yet, the fact is that the effect of drug abuse is far more serious. Apart from damaging our health, according to the speaker, abusing drugs can worsen your family relationship and take away your friends. Worse still, it forces you to commit crimes. I think it is unwise to for go our health, our family, our friends and even our moral standard in exchange for a moment of happiness. It is no joke that drugs can ruin one's life.