Yip Pik Yin 7S (28)

My reflection

After visiting the Hong Kong Jockey Club Information Centre, I learn a lot about different types of drugs, such as Heroin, Dipipanone, Cannabis, Also, I have learnt lots of adverse effects of drug abuse. It reminds me not to be a drug abuser and be a healthy people. Besides, the sharing of the past drug abuser is really meaningful.

Because taking drugs not only destroy our body health, but also makes our prospect in ruin. So, we, youngsters should never take any drugs and cherish what we' re now having. We should stand firm and get away from drugs.