Group Members: 4D Leung Hoi Yan (19) Lo Cho Man(22) Ng Wai Shan(24) <u>Health Education Exhibition & Resource Centre Visit</u>

As the aim of the life-wide learning day is letting us to learn more knowledge outside the class, we had learnt a lot from this interesting visit.



In general, most of the information is about food and keeping the environment clean such as genetically modified food, food safety plan and the hygiene of the kitchen etc. However, we had the most unforgettable experience in learning the food additives by identifying what additives have been added in an ice lolly. When we choose the four correct answers, the lights in the ice lolly will be lightened. As we can see, the centre had used many interesting methods to boost the motive of learning. For example, fun games, colourful pictures, beautiful decors, etc. that can attract people's eyes and interest. This can also explain the information more effectively and easy to understand.