## **GM (Genetically Modified) Food and Science**

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Nowadays, GM food is commonly produced by using cross-breeding methods. The GM food, like plants and grains are bigger, tastier are easier to grow rather than the ordinary food. With the help of the biotechnology, genes can be selectively and precisely inactivated .The genes are transferred from one organism to another one to produce the GM food.

There are both advantages and disadvantages of the GM food.

For its advantages, GM food can increase the crop yield. Also, it would build up of a tolerance to adverse growing conditions like drought. Moreover, the GM food can improve the nutrient composition of crops. Nevertheless, it is resistant to crop pests and reduce the use of pesticides.

For its disadvantages, GM food would disturb the balance of the ecosystem. Also, it would develop super pests. Furthermore, some people are concerned that GM food is harmful to human beings.



