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Nowadays, GM foods became more population in our daily life and they became the alternative choices for us. The consumption of the GM brought a lot of advantages and disadvantages in different aspects like the environment, social and the life for the farmers.

There are a lot of advantages of GM foods. Firstly, it saves the use of toxic chemicals. GM crops can be made resistant to pests, so pesticides do not need to be sprayed on them. This is also better on the environment. Secondly, it prevents wasted crops. If pests cannot eat the crops, nothing goes to waste. Therefore, farmers make more money. Thirdly, it could potentially solve hunger. Many people agree that there is not enough food in the world to feed everybody. As genetically modified foods increase the yields of crops, more food is produced by farmers.

Yet, there are possible consequences of genetically modified food. There are economic implications and social implications.

For the economic implications, since the market of GM seeds are highly controlled by transnational corporation. Farmers are completely dependent on the seed providers. This creates a financial burden on farmers. They have to buy seed at premium or purchase in

large quantities, causing huge economic harm to small farms. Yet the huge investment in GM product may raise production costs, which may in turn increase the selling price. This put a price burden on customers.

About social implications, some studies show that GM foods may have a direct linkage to cancer and degenerative diseases. There is still little knowledge of the potential long-term health impacts of Gm foods. Moreover, GM crops may hinder the agricultural development of less developed counties. This is because the farmers are too poor to afford the expensive GM seeds. The number of farms in less developed countries is likely to decline in future years.

In conclusion, GM food is not the best alternative choices for us since it brought more disadvantages than the advantages to us. In fact, the GM food may affect our health directly or even suffering serious disease. Furthermore, the production of the GM food is unfair to those farmers plant GM food in the less developed countries. The high price of the seed of the GM food would definitely provide a great financial burden to them. As a result, the GM food may not benefit our daily life.